

# THE FACTS



## Pigs and animal welfare:

- Farmed pigs are slaughtered at 6-8 months - but they can live 15-20 years.
- Pigs have excellent hearing and use more than 20 vocalizations.
- Pigs are a highly intelligent species like dogs, chimpanzees, elephants, dolphins, and even humans!
- Pig anatomy is so similar to ours we've "used" them in research for heart valve replacements, stem cell research, and injectable insulin.
- Around the world, 8 million land animals are killed for food every hour.



## Eating meat + your health:

- Pork contains extremely high levels of sodium, cholesterol, and saturated fat.
- Eating meat, especially processed meats like bacon and sausage, is the leading cause of colorectal cancer and contributes to heart disease, diabetes, and many other cancers.
- Human anatomy suggests we are herbivores! Our teeth, jaws, digestive systems are similar to herbivores, including our primate relatives who eat primarily plants.
- 50% of all crops grown go to feeding livestock, while the food supply for humans is shrinking.



## Animal agriculture & the environment:

- Raising animals for food requires massive amounts of resources, and more greenhouse gas emissions are caused by animal agriculture than any other industry.
- Pork production is one of the leading causes of water contamination in the world.
- Animal agriculture is the leading cause of deforestation and rainforest destruction.

# TAKE ACTION



## Want to make a difference for pigs?

- According to the UN, the single most effective action you can take for the environment is to adopt a plant based diet.
  - Try Meatless Mondays!
  - Try Veganuary (any month!)
  - Join a vegan group near you.
  - Find a plant-based mentor.
- Host a screening of *The Last Pig*. Visit [thelastpig.com](http://thelastpig.com) to get started!
- Learn more and build awareness for humane choices in your community!
- Vote for candidates and measures that support animal welfare.
- Visit a sanctuary near you—and bring friends!



# RESOURCES

## Want to learn more?

### Check out these websites!

#### Animal Agriculture and the Environment:

- [Ecowatch.com](http://Ecowatch.com)
- [TheLastPig.com/Facts](http://TheLastPig.com/Facts)
- [AWFW.org/Climate](http://AWFW.org/Climate)

#### Eating Meat + Your Health:

- [Forksoverknives.com](http://Forksoverknives.com)
- [Vegansociety.com](http://Vegansociety.com)

#### Pigs and Animal Welfare:

- [Mspca.org](http://Mspca.org)
- [Humanesociety.org](http://Humanesociety.org)
- [Mercyforanimals.org](http://Mercyforanimals.org)
- [Livekindly.co](http://Livekindly.co)
- [Humaneleague.org](http://Humaneleague.org)
- [TheLastPig.com/facts/](http://TheLastPig.com/facts/)

#### Take Action:

- [Humaneeducation.org](http://Humaneeducation.org)
- [Animalcharityevaluators.org](http://Animalcharityevaluators.org)

**THELASTPIG.COM**

